



## Spring 2023 KGCA NEWSLETTER

### President's Message

What beautiful community borders to its East a tranquil riverside park with ample green space to roam and easy access to Meewasin trail for leisurely river walks right from your doorway in every season? What community boasts the best doughnut and ice cream shops in the city to complement those river walks, or just to sit, chat, get together and enjoy the essence of life?

It's **US!** It's **YOU**, me and **everyone** that takes **ACTION** to keep building **POSITIVITY** in our **Community**. So, **THANK YOU** for every good thing you do -- **you are wonderful!** You're an example to everyone around you, you are a leader, a builder, a motivator! Volunteering for Community Clean Up or the Winter Festival, helping the great **volunteers** keeping a great rink maintained, and giving us an option for something to do in the middle of winter.

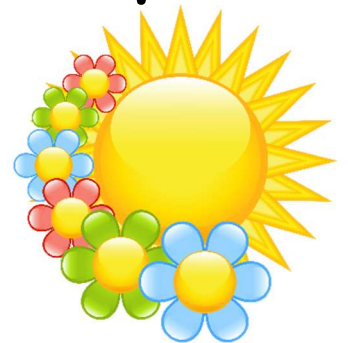
Have no doubt, every time you do something **GOOD** you are changing things for the better. **YOU** are making our collective futures brighter – for every child, for every person, for every life...yes, even that kitten you rescued from the tree! Cities put names on Communities, but it is the terrific **personalities** of the residents that truly build and share community. Let's keep sharing the common goal of making King George a really nice place to **enjoy** life, to enjoy **nature**, to enjoy a sip of coffee and chat with **friends**, and to enjoy time with **family**.

-Ken Ollenberg, KGCA President

# King George Community Clean-Up!

**When: Saturday May 13<sup>th</sup> 9am**

**Where: Meet at Optimist Park**



It's time to tidy up after the snow! We will meet at Optimist Park in the morning for a safety talk and to hand out supplies. We can provide gloves and garbage bags, but please wear closed-toed shoes. The park will be the staging area for City provided waste bins.

Many hands make light work so come on down and volunteer, especially if you have a truck to help!

## Your Community Association

**President:** Ken Ollenberg

**Vice-President:** Rachelle Hall

**Secretary:** Maaya Hitomi

**Treasurer:** Kevin Koerting

**Communications Coordinator:** Rachelle Hall

**Outdoor Coordinator:** Karen Jensen

**Indoor Coordinator:** Lauren Achtemichuk

**Safety & Civics Coordinator:** -Vacant-

**Members at Large:** Tor Lokken, Tammy Ollenberg, Peter Tsui,  
Rob O'Flanagan, Valerie Senyk, Lorette Saccuci, Sarah Govan

**Hilary Gough**  
COUNCILLOR • WARD 2

Be in touch:  
▶ [hilary.gough@saskatoon.ca](mailto:hilary.gough@saskatoon.ca)  
▶ 306-975-3672

Updates:  
▶ [hilaryyx.com](http://hilaryyx.com)  
▶ @hilaryyx

Make your trip to SARCAN really count!



Donate the value of your order to a fundraiser or charity!

*Drop & Go is a new service that is available at all SARCAN depots Saskatchewan. It allows customers to skip lineups by leaving their order at the depot and getting their refunds transferred electronically. Your order will still be counted by our same great staff!*

Donate your order to

**KGCA**

**King George Community Association**

Follow these easy steps:

- 1) At home, separate your recycling - put plastics, cartons and aluminum cans into bags, put glass beverage containers into boxes. Don't forget to include milk containers!
- 2) Visit a SARCAN Depot and look for Drop & Go - for a full list of locations, see the reverse side of this page.
- 3) Follow instructions on the screen. Type KGCA when prompted to enter the group phrase. It is simple!
- 4) The amount of your order will be processed and paid directly to the King George Community Association.

*The group phrase works at all 72 depots across the province, so your friends and family across Saskatchewan can donate too!*

## KGCA MEETINGS

We meet the 2nd Thursday of every month at 7pm. We currently meet at the King George School Library. Contact us at Facebook @kgcask or email [kgcasask@gmail.com](mailto:kgcasask@gmail.com).

You do not need to take on a position or volunteer regularly to attend meetings. All members of the community are members of the KGCA. Come on out and meet your neighbours!

## Want to Advertise with us?

We deliver to over 800 homes and businesses in the King George area. All proceeds go towards community endeavors. We print 3 times a year.

- Business Card Size \$15
- 1/4 Page Size \$25
- 1/2 Page Size \$35
- Full Page Size \$50

Contact us at [kgcasask@gmail.com](mailto:kgcasask@gmail.com)!

Financial assistance  
Food access  
Programs for seniors  
Newcomer support

Dial 2-1-1 or visit 211.ca



HELP STARTS HERE





**HOME & COMMUNITY SAFETY**  
*At Work, At Home, Make Safety Known*

Have you heard of **SCAN**? If you suspect drug sales or illegal activity at an address, report it **anonymously!**

Toll Free

**1-855-933-6411**

Or

**Report Online**

<https://www.saskatchewan.ca/residents/justice-crime-and-the-law/your-rights-and-the-law/keeping-your-neighbourhood-safe>

See someone checking doors? Looking in yards? Driving down alleyways without lights late at night? Report any suspicious activity to **Saskatoon Police Service** at **306 975-8300** or **Crime Stoppers** at **1-800-222-8466**.

Report graffiti and illegal dumping to the **Customer Care Center** at **306 975 2476** or on the **City of Saskatoon Website**. If you use the website, you can include pictures of the graffiti.

Check out the **Saskatoon Police Crime Map** for King George to see crime statistics for the area:  
[map.saskatoonpolice.ca](http://map.saskatoonpolice.ca)

## Marv Friesen

Saskatchewan Party MLA  
for Saskatoon Riversdale

**306-244-MARV (6278)**

[riversdale.mla@sasktel.net](mailto:riversdale.mla@sasktel.net)



**HERE FOR YOU. HERE FOR OUR COMMUNITY.**



1009 Avenue P South      Phone 306 934 2887  
[info@lazerautobody.ca](mailto:info@lazerautobody.ca)





# A&K CONVENIENCE AND MINI MARKET

- Snacks & confectionery
- Dairy & groceries
- Local Products (more local producers welcome!)
- Personal items  
and other cool things!

*Come visit us!*

808 16TH ST WEST, SASKATOON



 A&K CONVENIENCE  
AND MINI MARKET

## \$1 COUPON

Get \$1 off when you spend  
\$10 or more

Coupon expires on May 31, 2023

Monday - Saturday 10AM -8PM  
Sunday 12PM - 6PM

How do you get down off an elephant?

You don't you get down off a duck!

What's worse than finding a worm in your  
apple?

Finding half a worm.

Two fish are in a tank. One says, "I'll drive,  
you man the guns."

My dentist said I need a crown.

I said, "Finally someone that understands me!"



## BLITZ

APPLIANCE SERVICE  
AND SALES LTD.

*"Specialists in Major Appliance Repair"*

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- COMMERCIAL LAUNDRY

506 AVENUE L SOUTH  
SASKATOON, SK S7M 2H4

**664-1118**

# Food with Friends

The **Riversdale Community Association** has partnered with **Food Not Bombs Saskatoon** to serve soup and get to know the community.



## KING GEORGE SCHOOL

March 5, 12-3 PM  
March 26, 12-3PM  
Or until the soup is gone.

**FREE SOUP.**

**NO PRE-REGISTRATION  
REQUIRED.**

**MEET YOUR COMMUNITY  
ASSOCIATION.**

**GIVE FEEDBACK.**

**LEARN ABOUT COMMUNITY  
PROGRAMS AND OTHER  
ORGANIZATIONS.**



All are  
welcome.



RIVERSDALE AND KING GEORGE COMMUNITY  
ASSOCIATIONS PRESENT:

# Family Fun Night

**BRING YOUR FAMILY TO KING GEORGE GYM AT 6-7:15 FOR AN EVENING FULL OF FUN ACTIVITIES FOLLOWED BY A SOCKHOP! FREE FOR EVERYONE! NO REGISTRATION REQUIRED.**

**FRIDAY MARCH 31 - GAMES NIGHT  
FRIDAY APRIL 28 - PAJAMA PARTY  
FRIDAY MAY 26 - NATURE CRAFTS**



*"Never look down on anybody unless you're helping them up."— Jesse Jackson*

*"Be yourself; everyone else is already taken." — Oscar Wilde*

*"It's not what happens to you, but how you react to it that matters."*

*— Epictetus*

**AI Tire & Wheel**  
RANDALL RENNEBERG  
Owner  
1520 - 11th STREET WEST  
SASKATOON, SK S7M 1H5  
(306) 664-6411

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Saskatoon, SK • S7K 2B1  
phone: 306-653-8333 • fax: 306-653-8334



# Spring Programs



## Family Open Gym

*All ages drop-in sports and activities for the family.*

**Tuesdays**

**6-7pm**

**King George School Gym**

**\$5 per family for 9 sessions**

**Apr 18<sup>th</sup>- Jun 13<sup>th</sup>**

\*Children under 12 must have an accompanying adult\*

## Yoga

*Combining yoga postures and breathing exercises to strengthen the body, reduce stress and calm the mind.*

**Thursdays**

**7-8pm**

**King George School Gym**

**Apr 20<sup>th</sup>- Jun 15<sup>th</sup>**

**\$35 or \$5 drop in**

**Class details are subject to**

**change.** Please visit [kgcommunity.org/programs](http://kgcommunity.org/programs) for up-to-date information and how to register!

Times tough? Cost as a Barrier fund means we can provide **free** programs to those who cannot afford otherwise. Visit [kgcommunity.org/programs](http://kgcommunity.org/programs) or email us at [kgcasask@gmail.com](mailto:kgcasask@gmail.com) for more information.

**LIVING SKIES INDIGENOUS BASKETBALL LEAGUE**

**SENIOR DIVISION STARTING SOON**

ATHLETES AGES 15-17 YEARS OLD

**REGISTRATION INCLUDES:**

- ★ WEEKLY PRACTICES
- ★ 3-4 TOURNAMENTS
- ★ PROVINCIAL CHAMPIONSHIP
- ★ WORKSHOPS
- ★ CULTURAL EDUCATION
- ★ PRIZES & MORE

**NO FEE TO REGISTER**

VISIT [WWW.LIVINGSKIESBASKETBALL.COM](http://WWW.LIVINGSKIESBASKETBALL.COM) TO REGISTER

RIVERSDALE COMMUNITY ASSOCIATION

**TIMBITS SOCCER**

U6 (4, 5, 6 YEARS)  
U9 (7, 8, 9 YEARS)  
U12 (10, 11, 12 YEARS)

**TUESDAYS**  
5PM (U6)  
6PM (U9 + U12)  
MAY 2 - MAY 30, 2023

Cost: FREE!

Location: King George Community School (the field south of staff parking)  
What to bring: water bottle and running shoes  
All players receive a jersey and a soccer ball!

Email: [haleymanson5@gmail.com](mailto:haleymanson5@gmail.com)

*"If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely."*

– Roald Dahl



**Thank you to everyone who helped with the rink this winter!** Even without snow there are things to maintain or fix before next season, so contact Karen to get on the rink volunteer contact list [karenjensen@sasktel.net](mailto:karenjensen@sasktel.net) or 306-321-7586. If you require volunteer hours for school, this is a great way to contribute to the community. If you just want to help when you can, no regular commitment is required.



Beginning in September 2023, the Saskatoon Preschool Foundation will provide tuition subsidies of up to \$1,000/year/child (2 half-days/week) and \$1,400/year/ (three or more half-days/week for preschool children living in areas without prekindergarten programs if preschool tuition (approximately \$1,200/year) would be a barrier to attendance. Application forms are available at [www.spf.sk.ca](http://www.spf.sk.ca).



Rolling into town this spring...

Watch for green carts rollin' in throughout March & April!

With your new green cart, all 🍌 food & yard waste 🌻 goes in, & the cart will be picked up biweekly, beginning in May. 🙌 For collection calendar, reminders, & more info, visit: <http://saskatoon.ca/greencart>.

Sign up for #SmartUTIL to view water & electricity usage & trends for your property, set spending alerts & more. 📡💡📊

👉 For more information visit <http://saskatoon.ca/smartutil>.



For Residential & Commercial Utility Customers



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FIND WHAT YOU ARE LOOKING FOR!**

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- Long-term employment success

FOR MORE INFORMATION: PHONE: 306.657.2450  
EMAIL: [partnersinemployment.saskatoon@saskabilities.ca](mailto:partnersinemployment.saskatoon@saskabilities.ca)

**Vern's Place**  
Gas & Convenience Store





1610 - 11th Street West Saskatoon 306-664-8800

**Sunday – Thurs: 11am -10pm**  
**Friday & Saturday: 11am – 11pm**





# Pets can't ADD but they do MULTIPLY.

Fix your critter  
to prevent an  
unwanted  
litter.



An unaltered female cat can produce **3 litters** per year with an average litter size ranging from 4-6 kittens. Spay & neuter services help control the local pet population & keep pets feeling their happiest & healthiest.

  For more info visit <http://saskatoon.ca/ssnp>.



[saskatoon.ca/animalservices](http://saskatoon.ca/animalservices)

## What is the Subsidized Spay and Neuter Program?

**SUBSIDIZED  
SPAY AND  
NEUTER  
PROGRAM**



The Subsidized Spay and Neuter Program is an initiative of the City of Saskatoon, the Saskatoon Academy of Veterinary Practitioners and the Western College of Veterinary Medicine, who have joined

forces to provide low income pet owners access to significantly discounted veterinary services and financial resources.

### Who can apply?

Any person who has been a permanent resident of Saskatoon for at least one year and whose total household income falls under Statistics Canada Low Income Cut-off (LICO).

For more information on the program, please see our [SSNP Program Overview](#).

### Application Process

The 2022 application period opens on Tuesday, January 3, 2023. All qualified Subsidized Spay and Neuter Program applicants will need to submit completed documentation and are encouraged to apply in person or by mail to City Hall, 222 3rd Avenue North, Monday-Friday, 8 a.m. - 5 p.m. Notification of approval/rejection will usually be made by mail within three to four weeks of receipt of the application. Further delay may exist due to the high volume of applications. Applications are available for pick-up in person at City Hall or can be printed off here; [SSNP Program Application](#).



### Dr. Tim Kendall & Dr. Robert Wilson – Optometrists

(306)244-7464

Suite #302 – 1114 22<sup>nd</sup> St. West –

SGEU Building – across from the Dairy Queen

**Hours:** 8:30 a.m. – 5:00 p.m. Monday – Friday

8:30 a.m. – 6:00 p.m. Wednesday

8:30 a.m. – 7:00 p.m. Thursday

9:00 a.m. – 1:00 p.m. Saturday

(two Sat. a month)

Eye Examinations

Contact lenses

Direct Billing to most insurance companies!

### Saskatchewan Health covers:

Children's eye examinations are covered from birth to age 17

Urgent eye care – eye infections, red eye

Diagnosed diabetics are covered for eye examinations once per year

Visit our website: [www.kendallwilsonoptometry.ca](http://www.kendallwilsonoptometry.ca)







## Community Gardens

Are you dreaming of what you'd like to plant in your King George & Riversdale Community Garden plot this summer? We are too!

We had a very successful gardening season last year, and hope many of you will join us this year.

To learn what plots will be available contact Karen at 306 260-6678 or email [CommunityGardenKGR@gmail.com](mailto:CommunityGardenKGR@gmail.com).



### Boulevard and Centre Median Gardens



The holiday Park community garden which is the only communal garden in Saskatoon is looking for new members. Located on avenue P and 1114 Wellington street beside the Saskatoon French School.

We work together to plan, plant, water, weed, grow, and harvest all 21 plots. We have no private plots; all plots are shared by members of the garden. This is a great chance to learn more about gardening or bring your expertise to our garden. We meet once a week for work bees and take turns watering. Looking to join?

Email [elizabethashton@gmail.com](mailto:elizabethashton@gmail.com)

### Core Neighbourhood Youth Co-op



### Rain Barrels, Garden Boxes (made to order)

Call 306-665-3889 for more details  
Or come down to 905 20th Street West

Charitable #861222917 RR0001

## A VEGETABLE GROWING CHEAT SHEET

### VEGETABLES FOR A PLOT GARDEN



### VEGETABLES FOR A PATIO GARDEN



\*Use Propagator Kit or Rootrainer to grow roots/seedlings before planting outdoors



# SUNFLOWERS

## WORD SEARCH PUZZLE

BLOOM  
BORDER  
BRONZE  
BUSHY  
CENTER  
DWARF  
EYES  
FACE  
FIELDS  
FUZZY  
GARDEN  
GIANT  
GOLDEN  
HEAD  
MIXES  
OIL  
PETALS  
PRETTY  
ROOTS  
STEM  
SUNRISE  
SUNSET  
TALL  
WHITE  
YELLOW

R Y E L L O W D T Y Y V O  
R E B C D L T U Z H A G M  
O L D H A E H Z S D A E H  
O L G R S F U U H R T F Y  
T A S N O F B G D S R Y T  
S T U B C B O E O A O S T  
L S N T R L N X W L T D E  
H S R N N O T D C O D L R  
L E I A W O N W H I T E P  
U Y S I C M J Z P L S I N  
G E E G R E T N E C O F S  
S L A T E P G V S E X I M

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.  
Find and circle each word.







# Shane's SURPLUS WORLD



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**521 MAIN ST - BIGGAR SK  
1-306-948-1313**

**[shanessurplusworld.com](http://shanessurplusworld.com)**



# **FRAME ALIGNMENT and AUTOMOTIVE**

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[www.jandlframe.com](http://www.jandlframe.com)

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- AIR CONDITIONING AND HEATING SYSTEMS
- SGI MECHANICAL INSPECTIONS
- HEADLAMP REFINISHING
- AUTO GLASS
- FRAME INSPECTION AND REPAIR



626 WELDON AVE.  
SASKATOON, SASK. S7M 2T9  
PH: 306-934-3634 FAX: 306-933-9803  
EMAIL: JANDLFRAME@HOTMAIL.COM



Owner/Operator: Shane Arthurs